

# Keumgang Cup 2026 Poomsae

## Court 1

Time	Category	Match
10:15	-11 years - Pair - C	2
10:25	15-17 years - Pair - B	2
10:35	18-30 years - Pair - B	3
10:50	31-50 years - Pair - A	1
10:55	12-14 years - Pair - A	1
11:00	-11 years - Female - Team - C	1
11:05	18-30 years - Male - Team - B	1
11:10	18-30 years - Female - Team - B	1
11:15	9-11 years - Male - Individual - D	2
11:25	-8 years - Male - Individual - C	2
11:35	-8 years - Female - Individual - B	1
11:40	9-11 years - Female - Individual - C	9
12:25	15-17 years - Female - Individual - B	7
13:00	15-17 years - Female - Individual - C	7
<b>13:35</b>	<b>Pause</b>	
14:05	-17 years - Female- Free Style Individual - B+C+D	3
14:20	15-17 years - Male - Individual - B	8
15:00	12-14 years - Female - Individual - A	5
15:25	15-17 years - Male - Individual - A	3
15:40	18-30 years - Female - Individual - B	9
16:25	31-40 years - Male - Individual - B	4
16:45	66+ years - Male - Individual - A	3
17:00	51-60 years - Male - Individual - A	4
17:20	31-40 years - Female - Individual - A	2
17:30	41-50 years - Male - Individual - A	4
17:50	Family	15
<b>19:00</b>	<b>End</b>	

The times indicated are for guidance only and may change depending on the progress of the competition.

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## Court 2

Time	Category	Match
10:00	18+ years - Male - G-Taekwondo - A	1
10:05	18+ years - Female- G-Taekwondo - A	2
10:15	-11 years - Pair - B	1
10:20	31-50 years - Pair - C	1
10:25	15-17 years - Pair - A	1
10:30	18-30 years - Pair - A	4
10:50	12-14 years - Female - Team - C	1
10:55	18-30 years - Male - Team - A	1
11:00	9-11 years - Female - Individual - D	5
11:25	-8 years - Female - Individual - C	3
11:40	9-11 years - Male - Individual - B	5
12:05	12-14 years - Female - Individual - C	10
12:55	12-14 years - Female - Individual - B	8
<b>13:35</b>	<b>Pause</b>	
14:05	18+ years - Male - Free Style Individual - A	1
14:10	18+ years - Female- Free Style Individual - A	1
14:15	-17 years - Male - Free Style Individual - A	2
14:25	12-14 years - Male - Individual - A	8
15:05	18-30 years - Female - Individual - C	6
15:35	18-30 years - Male - Individual - C	1
15:40	31-40 years - Female - Individual - B	3
15:55	51-60 years - Female - Individual - C	1
16:00	41-50 years - Female - Individual - C	6
16:30	18-30 years - Male - Individual - A	8
17:10	31-40 years - Male - Individual - A	3
17:25	51-60 years - Female - Individual - A	1
<b>17:30</b>	<b>End</b>	

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## Court 3

Time	Category	Match
10:15	15-17 years - Female - Individual - A	6
10:45	12-14 years - Pair - B	4
11:05	12-14 years - Pair - C	1
11:10	51-60 years - Pair - C	1
11:15	51-60 years - Pair - A	1
11:20	12-14 years - Male - Team - B	3
11:35	12-14 years - Female - Team - B	1
11:40	-8 years - Male - Individual - D	3
11:55	9-11 years - Male - Individual - C	5
12:20	12-14 years - Male - Individual - C	8
13:00	9-11 years - Female - Individual - B	3
13:15	15-17 years - Male - Individual - C	2
13:25	31-40 years - Female - Individual - C	1
13:30	31-40 years - Male - Individual - C	1
<b>13:35</b>	<b>Pause</b>	
14:05	12-14 years - Male - Individual - B	13
15:50	18-30 years - Male - Individual - B	8
16:30	41-50 years - Female - Individual - A	2
16:40	18-30 years - Female - Individual - A	9
17:25	61-65 years - Male - Individual - A	1
<b>17:30</b>	<b>End</b>	